

ACADEMY OF DANCE ARTS

DRESS CODE 2011-2012

DRESS CODE: The Basics

Students must attend class dressed in dance clothes. Improper attire may result in not being able to take class.

The Basic Dress Code is:

- A leotard is required for all classes.
- Students may wear shorts, jazz pants, or shirts over the leotard.
- Outer clothing cannot be baggy or the pants too long.
- Underwear is not worn with dance clothes. Think of your tights as "underwear with legs".
- If a student insists on wearing underwear, wear biker shorts or shorts so the underwear does not show.
- If you don't wear tights, wear socks with tap shoes.
- Appropriate shoes that fit, not too big.
- Hair must be worn off the face in a ponytail or in a bun for ballet.

DRESS CODE: The Specifics

The shoes listed are for class, different shoes may be required for performances.

Combination Classes (beginning)

- Leotard: Your choice in color and style
- Tights: Your choice in color and style
- Tap Shoes: Capezio Mary Jane #3800
- Ballet Slippers : Capezio Daisy #205, in ballet pink

Tap Classes Competition Level

- Leotard: Your choice in color and style
- Tights: Tan or black, full footed or Capri
- Christinas' classes: Capezio Mary Jane 3800 Caramel
- Lorins' classes: Capezio Priemere CG09 Black

Jazz & Lyrical

- Leotard: Natalie Trestle Back Camisole 1502 in Black
- Tights: Full footed or Capri, Black, Tan, or Pink.
- Shorts: Black or group color
- Jazz Shoes: Bloch S0401 Black or Tan
- Lyrical Shoes: Dance paws, your choice for class

Ballet Classes

- Leotard: Camisole, tank, or short sleeved, Black
- Tights: Capezio 14 in Ballet Pink
- Shoes: Capezio® Leather Cobra Ballet Slipper #2033, Pink
- Hair must be in a Ballet Bun.

Get Your Dance Supplies At Discount Dance Supply

There is an on-line store and a store in La Mesa

ONLINE STORE:

- discountdance.com
- Go to teacher program
- Type in the studio code TP02021
- You will find a class list with the required items.

La Mesa Store
Discount Dance Supply
5020 Baltimore Dr
La Mesa

Check out YouTube for some helpful videos

How to sew elastic on ballet slippers: <http://www.youtube.com/watch?v=tsWeS3C4flo>

How to make a ballet bun: <http://www.youtube.com/watch?v=7ywgUDBpnX0&feature=fvw>